

Directions & Transportation

Location

Lift & Co. Expo's location, the Metro Toronto Convention Centre (MTCC), is located at [255 Front Street W Toronto, ON M5V 2W6](#). MTCC is a world-class venue located at the heart of Toronto, with vibrant surroundings and a walking distance from the Financial and Entertainment Districts. For your convenience, directions are listed below.

Flying

The MTCC is served by both the Toronto Pearson International Airport and Billy Bishop Airport. For information on ground transport once arriving at the Toronto Pearson International Airport please visit the [Getting Here](#) page.

Directions

- **From Toronto Pearson International Airport**
 - Take Highway 401 East to Highway 427 South
 - Follow Highway 427 South to the Gardiner Expressway
 - Exit at Spadina Avenue
 - Proceed north on Spadina Avenue and turn right on Front St.
 - Turn right on Simcoe St. then turn right into the garage
- **From Billy Bishop Airport**
 - Head northwest on Eireann Quay
 - Turn right onto Lakeshore Blvd. W.
 - Turn left on toto Lower Simcoe St.
 - Turn left onto Front St. W, the destination is on the left
- **From 401 East**
 - Take Highway 401 West to the Don Valley Parkway South
 - Follow the Don Valley Parkway South to the Gardiner Expressway
 - Exit at Spadina Avenue
 - Proceed north on Spadina Avenue and turn right at Front Street
 - Turn right on Simcoe St. then turn right into the garage
- **From 401 West**
 - Take Highway 401 East to Highway 427 South
 - Follow Highway 427 South to the Gardiner Expressway
 - Exit at Spadina Avenue
 - Proceed north on Spadina Avenue and turn right on Front St.
 - Turn right on Simcoe St. then turn right into the garage
- **From QEW**
 - Follow the the QEW East; it will become the Gardiner Expressway in Toronto
 - Exit at Spadina Avenue
 - Proceed north on Spadina Avenue and turn right at Front Street
 - Turn right on Simcoe St. then turn right into the garage
- **From North (Barrie)**
 - Take Highway 400 South to Highway 401 West
 - Follow Highway 401 West to Highway 427 South
 - Follow Highway 427 South to the Gardiner Expressway
 - Exit at Spadina Avenue
 - Proceed north on Spadina Avenue and turn right at Front St.
 - Turn right on Simcoe St. then turn right into garage

Local Public Transportation

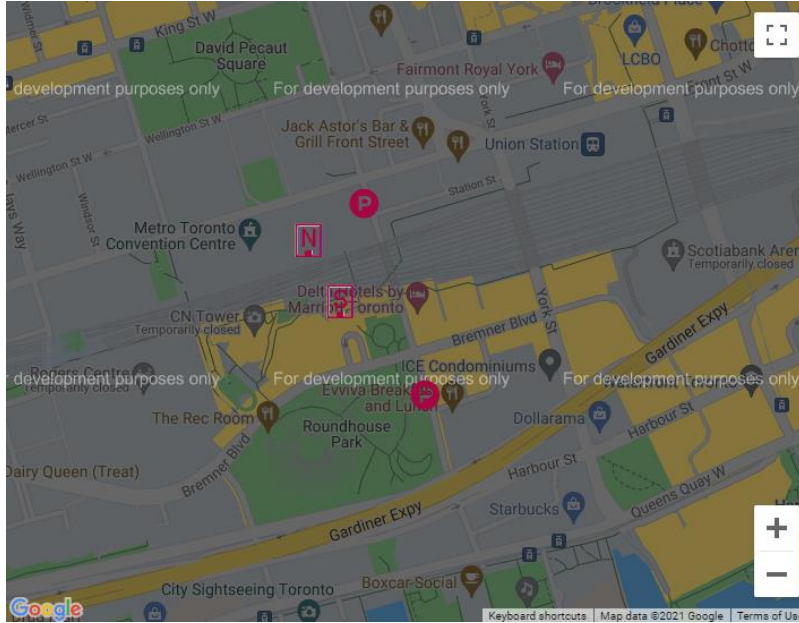
- **UP Express-** A UP Express station is located in the Toronto Pearson International Airport, with the Toronto Union Station located just a 6-minute walk from MTCC. Please see the station-to-station information and book your travel [here](#). Directions for the walk between Toronto Union Station are as follows:
 - From the Union Station UP platform, exit and proceed west through the SkyWalk corridor
 - Take the elevator or staircase to Lower Simcoe Street (street level)
 - Proceed west on Front Street, where you will arrive at the MTCC North Building main entrance
- **GO Transit-** GO Transit is a network of train and bus lines that keep people moving around the Greater Toronto and Hamilton Area. With pick-up and drop-off at the Toronto Union Station (the same as UP Express), bus and train routes throughout the urban area exist to embellish visitor experience through a localized public transport experience. Please see the station-to-station information and book your travel [here](#). Walking Directions from Toronto Union Station are as follows:
 - Exit Union station, proceed west on Front Street to the North Building
 - The South Building can be accessed via the SkyWalk
 - Alternatively, you can exit at Union station and follow the SkyWalk to either the North Building
- **Toronto Transit Commission (TTC)-** The Toronto Transit Commission operates four essential lines of transportation via subway within the Toronto metropolitan area which are Yonge University Spadina Line, Bloor Danforth Line, Scarborough RT Line, and Sheppard Line. The Yonge University Spadina Line has a drop-off location at Toronto Union Station (similar to GO Transit and UP Express). The service also operates bus and streetcar routes within the city for user convenience, offering three select ways to navigate the Toronto area with ease. Please use the links provided [here](#) to navigate to the station-to-station information to plan your trip today!
- **Rideshares – Uber and Lyft rideshare services are available for the Metro Toronto Convention Centre** and will have a dedicated Pickup Zone that may vary by event.

Parking

The MTCC has its own parking garages with one conveniently located at each of the North and South buildings. The MTCC currently has 1,700 parking spaces available between the two garages, and more than 10,000 alternate spaces within walking distance to the Metro Toronto Convention Centre. Parking is offered at affordable [rates](#) (subject to change) for your event. MTCC is not responsible for items left in vehicles parked in MTCC parking garages. General garage information is listed in the columns below:

MTCC - North Parking Garage Address: 255 Front St W Toronto, Ontario M5V 2W6 Phone: 416-585-8000	MTCC - South Parking Garage Address: 222 Bremner Blvd Toronto, Ontario M5V 2W6 Phone: 416-585-8000
315 Front St. Garage Address: 315 Front St. Toronto, Ontario	Southcore Financial Centre Parking Address: 120 Bremner Blvd. Toronto, Ontario
RBC Wellington Square Garage Address: 69 Simcoe St. Toronto, Ontario	Metro Centre Garage Address: 200 Wellington St. W Toronto, Ontario

Convention Center Parking:



Alternative Parking (Availability Notated in Blue – Subject to Change):

